

ROASTERY FOOD



Winter Spiced Oatmeal | \$5.5

Winter spiced steel-cut oats, organic raisins, toasted walnuts, Mexican vanilla-infused maple syrup

WildFire Toast & House-made Jam | \$4

House-made Granola | \$7

Tree Island Yogurt, Pecans, pumpkin seeds, raisins, cranberries, organic rolled oats, apple-ginger compote

Sweet Bagel | \$4.5

Mount Royal cinnamon bagel with cardamon-orange whipped sweet cream cheese

Skip to It | \$4

Cold medium-boiled farm egg, house-made pickled vegetables

Toast to Carlos | \$8

Guacamole, aged cheddar, lemon zest, Island Wheat toast

Bagel & Lox | \$7

Toasted Mount Royal sesame bagel, cream cheese, pickled shallots, cold-smoked salmon, deep-fried capers

- Just a bagel & cream cheese \$4 -

Breakfast Sandwich | \$8

Fried farm egg, guacamole, melted aged cheddar, local greens

- Add Whole Beast bacon \$2.5 -

South Indian Rice Bowl | \$9.5

Local winter squash, parsnip, chickpeas, coconut milk, spicy chilies, ginger, toasted coriander, turmeric, tart apple raita

- Add chicken or tofu \$3 / Kids Bowl \$7 - Make it breakfast, add an egg! \$2

Harvest Quinoa Bowl | \$11

Red & white quinoa, roasted cauliflower and root veg, kale, chickpeas, pickled beet, toasted walnuts, lemon-shallot vinaigrette

Chicken Sandwich | \$12

Yogurt-marinated chicken thighs, house-made bread & butter pickles, slaw, curry mayo side salad

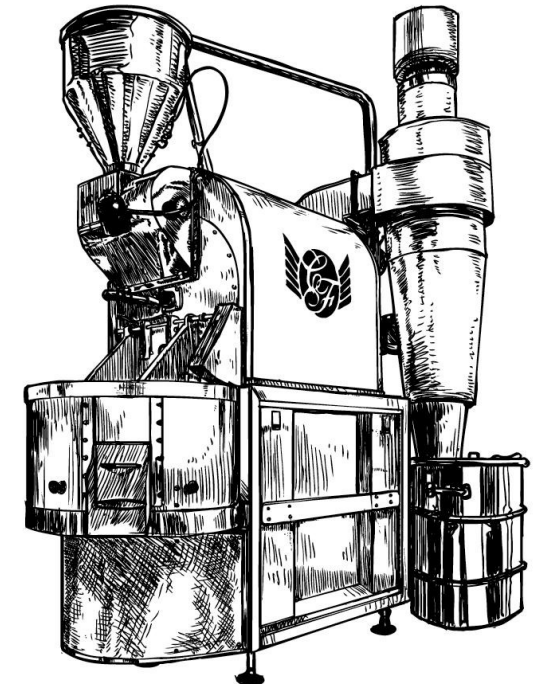
Kale Caesar Salad | \$12

Local kale, Wildfire croutons, medium-boiled egg, deep-fried capers, Manchego

- Add chicken \$3 -

Why not pair with a glass of craft beer, BC wine or cider?

See reverse for full list >>



Please notify staff of any allergies // No modifications please

== BEER ==

10oz \$3.5 | 16oz \$5.5 | Flight (3x7oz) \$7

Pilsner

Hoyne Brewing, Victoria

New Growth Canadian Pale Ale

Driftwood Brewing, Victoria

Four Winds Wild IPA

Delta, BC

Gladstone Hazy Pale Ale

Courtenay, BC

Vienna Red Lager

Hoyne Brewing, Victoria

Naughty Hildergard ESB

Driftwood Brewing, Victoria

Fruity Mother Pucker Sour

Axe & Barrel Brewing, Victoria

Dark Matter

Hoyne Brewing, Victoria

== CIDER ==

Sea Cider Farm Glass \$6 / Bottle \$23

Kings & Spies / Pippins / Bramble Bubbly / Wolf In The Woods / Sassamanash

== WINE ==

Vidal 2015 White \$5.5 | \$27.5

Stag's Hollow, Okanagan Falls, BC

Damasco White \$7 | \$30

Zanatta Winery, Cobble Hill, BC

Quill 2017 Rose \$7 | \$32

Blue Grouse Estate Winery, Duncan, BC

Quill 2015 Red \$7 | \$32

Clarinet 2015 Red \$8 | \$36

Alderlea Winery, Cowichan Valley, BC

Pinot Noir Red | \$57

Blue Mountain Winery, Okanagan, BC (bottle only)

Frizzante Sparkling White \$8 | \$28

FANTASTICO Exclusive vintage wild ferment naturale Petite Milo

ROASTERY HAPPY HOUR

4pm-5pm

Draught Beers \$3 / \$4.50

All BC Wines & Cider \$1 off

Small coffee & choc mousse \$5

Snack Menu Items \$1 off

ROASTERY SNACKS

Served 2pm - 6:30pm

Cheese Board | \$10

Two cheeses, house-made pickled veg, grainy Dijon, Wildfire bread
- Add meat stick \$4 -

Dip Duo | \$8

Hummus and tapenade with sourdough flatbread, all house-made

Chicken Caesar Skewer | \$7

Grilled lemon marinated chicken, deep fried capers,
house-made caesar dressing

Crispy Califlower Bites | \$7

Fried cauliflower florets, spiced chickpea batter, curry mayo

Okonomiyaki | \$8

*Savoury Japanese pancake with cabbage, crisp bacon lardons,
green onion, tonkatsu sauce*

Feature Flatbread | \$13

*House-made sourdough flatbread, always great for sharing!
See chalkboard for today's feature*

South Indian Rice Bowl | \$9.5

*Local winter squash, parsnip, chickpeas, coconut milk, spicy chilies,
ginger, toasted coriander, turmeric, tart apple raita*
- Add chicken or tofu \$3 / Kids Bowl \$7 -

Harvest Quinoa Bowl | \$11

*Red & white quinoa, roasted cauliflower and root veg, kale,
chickpeas, pickled beet, toasted walnuts, lemon-shallot vinaigrette*

Chicken Sandwich | \$12

*Yogurt-marinated chicken thighs, house-made bread & butter
pickles, slaw, curry mayo side salad*

Kale Caesar Salad | \$12

*Local kale, Wildfire croutons, medium-boiled egg,
deep-fried capers, Manchego - Add chicken \$3 -*

